

LIST OF SPEAKERS AND MODERATORS

Luigi Ferini-Strambi	University of Milan - San Raffaele
Raffaele Ferri	IRCCS Oasi Research Institute-Troina
Liborio Parrino	University of Parma
Simone Sarasso	University of Milan
Vladyslav Vyazovskiy	University of Oxford
Denis Burdakov	The Francis Crick Institute, King's College London
Paul-Antoine Libourel	University of Lyon
Julie Seibt	University of Surrey
Sergio Garbarino	University of Genoa
Rosalia Silvestri	University of Messina
Fabio Cirignotta	University of Bologna
Gian Luigi Gigli	University of Udine
Mario Giovanni Terzano	University of Parma
Christoph Nissen	University of Freiburg
Lino Nobili	Niguarda Hospital, Milan - ESRS Representative

Schedule of the day

14:00-14:30 - Opening:

Authorities Greetings: Dean, General director of AOUP, Director of the Department, Toscana Health System Representative, Mayor of Pisa, President of the local Board of Physicians

Moderators: R. Ferri, L. Nobili, V. Vyazovskiy,

14:30-14:50 - D. Burdakov

To eat or to sleep? Hypothalamo-centric view on sleep regulation and energy balance

14:50-15:10 - Julie Seibt

Does sleep make us plastic? The dynamics of dendritic calcium during waking and sleep

15:10-15:30 - P.A. Libourel:

Do reptiles dream of remote past? A study of brain activity during sleep in a tegu

15:30-15:50 - S. Sarasso:

What is like to be a dolphin? Insights from intracranial recordings in human patients

15:50-16:10 - Coffee Break

Moderators: L. Parrino, F. Cirignotta, M.G. Terzano, G.L. Gigli

16:10-16:30 - C. Nissen:

New and old therapies of insomnia in major depression: a synaptic perspective

16:30-16:50 - R. Silvestri:

insomnia and Depression in Elderly Women

16:50-17:10 - L. Ferini-strambi:

Cognition and obstructive sleep apnea

17:10-17:30 - S. Garbarino:

Driving Licence and OSAS

17:30-18:30 - Pisa Sleep Award Ceremony - 2016 Awardee Keynote Lecture

Past winners

1994 - Michel Jouvet	1996 - Elio Lugaresi
1998 - Alexander Borbély	2000 - David Parkes
2002 - Torbjörn Åkerstedt	2004 - Peretz Lavie
2006 - Giulio Tononi	2008 - Irene Tobler
2010 - Claudio Bassetti	2012 - Mario Giovanni Terzano
2014 - Pier Luigi Parmeggiani	2016 - Will be awarded on June the 24th

11 MINUTES OF SLEEP IN PISA

Hot topics in Sleep Physiology and
Health Care

Friday June 24th 2016

Aula Magna
Polo Carmignani
Piazza dei Cavalieri
Pisa